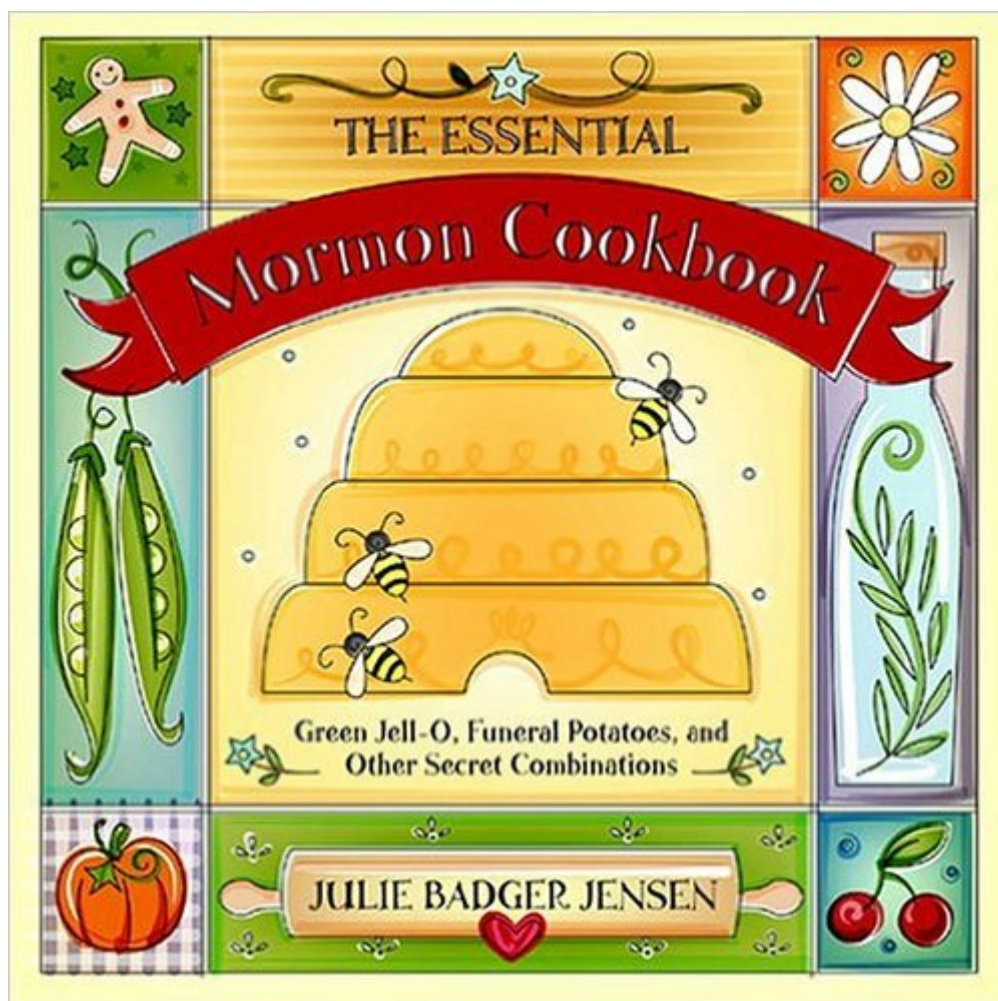


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# The Essential Mormon Cookbook: Green Jell-O, Funeral Potatoes, And Other Secret Combinations



## Synopsis

The Essential Mormon Cookbook is a time-honored collection of recipes not found in standard cookbooks- family favorites passed down from generation to generation, traditional potluck dishes served at Church gatherings, and other gifts from the kitchen shared by neighbors and friends. This is the perfect source for these hard-to-find recipes you remember from your childhood, such as Christmas Morning Casserole, Pot Roast with Gravy, and Fresh Peach Cobbler. Also included are recipes to feed a crowd, compassionate service casseroles, and a conference-weekend brunch. More than 200 recipes, gathered from four generations of family cooks, are divided by seasons and event in this unique collection of Mormon comfort food.

## Book Information

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## Customer Reviews

This is definitely a great book for Mormons! The recipes taste great and don't take an entire day to prepare. The average recipe serves 6-8 people. My four kids eat what I make when it is from this cookbook. The other thing I love is that the book arranges the recipes by season, so all the ingredients are in season. Also, the recipes fit the occasions and weather. However, if you are on a diet this would not be the book for you. However, seeing that I lost 30 pounds when I finally quit dieting 6 years ago, and instead focused on eating regular normal meals, I'm not a fan of low-fat, low-carb, low calorie, vegetarian meals. If you aren't either, this is a great little cookbook!

The Essential Mormon Cookbook offers a wide selection of old-fashioned home-style recipes reminiscent of rib sticking Midwestern cooking. This is one of the reasons why I love this cookbook

as it offers recipes that will remind you of the ones cooked by Mom or Grandma. Some of the recipes you will find in this cookbook include: Green Chilies and Eggs, Fiesta Dip, Sloppy Joes, Hearty Six Hour Stew, Garlic Mashed Potatoes, Frosty Cranberry Salad, Soft Chocolate Cookies, Soft Sugar Cookies, Lasagna, Chicken Alfredo, Baked Ham and Egg Squares, Butterscotch Rolls, Bride's Biscuits, Amazing Apricot Chicken, Creamy Chicken and Rice Dish, Corn On the Cob In a Thermos. Recommend.

A friend of mine made the most amazing layered salad for her son's birthday party, so I asked for the recipe. She pulled out the Essential Mormon Cookbook and I laughed because she is decidedly not Mormon. She told me a girl at work had recommended it so she bought it and it has become her secret to great food at potlucks and parties. Every single recipe I have made from this book has been amazing. I used to belong to MOPS at my Christian (not Mormon) church and the ladies would bring the most amazing dishes for our brunches. This is like a collection of all the great pot luck dishes you have ever tasted and wondered how they made it. So many things I had tried at MOPS were in this book. My family has loved every single thing I made from here. Somebody said it's full of fat and sugar, etc. That's true, but there are a lot of healthy options in there. You don't have to gorge yourself and you can substitute things if you need to. We eat very healthy and mostly organic in our house. One recipe (apricot chicken) called for Russian Dressing. The dressing at the store was a chemical soup with a few actual recognizable foods in it. So I looked up Russian Dressing online, made it my blender in a few minutes and used that instead of store bought. My family couldn't get enough of that apricot chicken and they were fighting over the leftovers. My child and I have celiac and cannot eat gluten. So I adapt the recipes to gluten free. Many of them are naturally gluten free anyways, but if they aren't I just sub. I'm going to take this book to mom's group at church and recommend it to them. I think they will love it.

I thought this was a fun cookbook with lots of easy favorites. It is divided into seasonal categories. It is well written and is in an eye pleasing format. It contains no pictures, which is why I did not give it 5 stars. It contains a variety of recipes that are handy to have in one book, such as Spinach Dip, Carrot cake, pie crust, apple crisp, lemon bars, enchiladas, etc. I am looking forward to using this book.

If you are cooking for a family with little kids and don't have much time to spend, this is for you. I was disappointed because the recipes are heavy on prepackaged ingredients like crescent roll

dough, Cool-Whip, ketchup etc. And for Mormons who are supposed to keep two years of food in storage--where the heck are the recipes for preserves? Overall the recipes are pretty pedestrian and heavy on sugar.

I love this cookbook! It has many of the recipes I remember when I was young plus ones I've enjoyed over the years at friends' homes. And the recipes are easy to follow, filled with ingredients I already have in my home, and they don't try to turn me into the next Martha Stewart. The author allows short cuts...which is the way I like to cook. These recipes have definitely passed my family's taste test, especially when they ask me to make the items again!

This is a sturdy, spiral-bound book, which is easy to cook with, as you can stand it up, if desired. The recipes are written in an easy to follow form, and you don't find yourself hunting for ingredients or finding one you didn't see when you are halfway through preparing the dish. They are segregated by season, and then there are categories within each season, like "Pot Luck", "Gourmet to Go", "In the Garden", "Love Thy Neighbor" (which I need to look at, since a neighbor just died). At first, I was disappointed that there weren't pictures but I believe the recipe directions are clear enough to get a pretty good idea of the results. And if it were illustrated, there wouldn't be room for as many recipes!

I have a cupboard full of cookbooks, but I use this one 9 out of 10 times. It is full of the most practical recipes for families using ingredients you are most likely to already have on hand. Some of my very favorite recipes were found in this book, like Luscious Lemon Bundt Cake. Also includes recipes for classics like Sloppy Joes, Funeral Potatoes, etc.

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